



Maple Baked Apple

★★★★★

This easy, comforting dessert dresses up a tart apple with maple and nutmeg flavors. —Mary Kelley, Minneapolis, Minnesota

TOTAL TIME: Prep/Total Time: 10 min.

YIELD: 1 serving.

Ingredients

2 teaspoons maple syrup

1 teaspoon brown sugar

1 teaspoon chopped walnuts

1 teaspoon raisins, dried cranberries or dried currants

1/8 teaspoon ground cinnamon

1/8 teaspoon ground nutmeg

1 medium tart apple

Directions

1. In a small bowl, combine the first six ingredients. Core apple and peel the top third. Place in a small microwave-safe dish. Fill apple with walnut mixture. Microwave, uncovered, on high for 3-4 minutes or until apple is tender. Serve warm.