

Stephanie Bostic, PhD RD

Curriculum Vitae

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Professional Interests

My interests are focused on integrating my research skills into improving the daily practice of nutrition care, particularly gastrointestinal conditions.

Education

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| 2017-2018 | Baptist Health Individualized Supervised Practice Program (Dietetic Internship Equivalent) | |
| 2012-2017 | Cornell University, Ithaca, NY Field: Nutritional Sciences Area: <i>Community Nutrition</i> | Ph.D. |
| 2012-2016 | Cornell University, Ithaca, NY | D.P.D. |
| 2006-2010 | Tufts University, Boston, MA Major: <i>Agriculture, Food, and the Environment</i> | M.S. |
| 2002-2006 | Barnard College, New York, NY Major: <i>East Asian Studies</i> | B.A. |

Grants and Honors

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| 2018 | Outstanding Dietetics Student Award, NYSAND |
| 2017 | British Food Journal: 2017 Highly Commended Award for Best Publications |
| 2016 | College of Agriculture and Life Sciences Alumni Association Grant (Travel) |
| 2015 | Human Ecology Alumni Association Grant (Research) |
| 2015 | Cornell Graduate School, Conference Travel Grant |
| 2014 | Academy of Nutrition and Dietetics Student Conference Grant |
| 2014 | Cornell Graduate School, Conference Travel Grant |
| 2006 | Barnard College, Magna cum laude and Department Honors |
| 2004 | Barnard College, Centennial Scholar Grant (Research) |

Publications and Presentations

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| 2018 | Bostic, S.M , Sobal., J., and Bisogni, C.A.. (2018). Social representations of fish and seafood among midlife rural adults: Benefits, risks, and involvement. <i>Food Policy</i> . 76: 99-108. |
| 2017 | Bostic, S.M , Sobal., J., Bisogni, C.A., and Monclova, J.M. (2017). Types and characteristics of fish and seafood provisioning scripts used by rural midlife adults. <i>Journal of Nutrition Education and Behavior</i> . 49 (7): 535-544. |

- 2017 **Bostic, S.M.**, and McClain, A.C. (2017). Older Adults' Cooking Trajectories: Shifting Skills and Strategies. *British Food Journal*. 119.
- 2017 Wolfson, J.A., **Bostic, S.M.**, Lahne, J., Morgan, C., Henley, S., Harvey, J., and Trubek, A. (2017). A comprehensive approach to understanding cooking behavior: implications for research and practice. *British Food Journal*. 119.
- 2016 **Bostic, S.M.**, Bisogni, C.A., and Sobal, J. (2016). Older Adults' Household Cooking: Card Sort Analyses. *British Food Journal*. 118: 480-494.
- 2016 Bisogni, C.A., **Bostic, S.M.**, Jastran, M., and Sobal, J. (2016). "Food Literacy and Food Choice: A Constructionist Perspective." In: H. Vidgen (Ed.), *Food Literacy*, London: Routledge.

Conference Presentations

- 2017 **Bostic, S. M.** and Sobal, J. (2017, July). *Stove to Erythrocyte: Associations between Fish Preparation Confidence, Fish Intake, and Omega-3 Status in Midlife Adults*. Oral presentation at the annual meeting of the Society for Nutrition Education and Behavior, Washington, D.C.
- 2016 **Bostic, S.M.**, and Sobal, J. (2016, June). *How we do it: The fish consumption of midlife rural adults*. Oral presentation at the annual meeting of the Association for the Study of Food and Society, Toronto, ON.
- 2015 **Bostic, S.M.**, Bisogni, C.A. and Sobal, J. (2015, July). *Older Adults' Cooking Practices: Using Card Sorts to Study Frequency of Use of Food Preparation Methods and Kitchen Equipment*. Poster presentation at the annual meeting of the Society for Nutrition Education and Behavior, Pittsburgh, PA.
- 2014 **Bostic, S.M.**, Bisogni, C.A., and Jastran, M. (2014, October). *Culinary Adaptive Strategies Implemented by Older Adults after Life Transitions*. Poster presentation at the annual Food and Nutrition Conference and Expo, Atlanta, GA.

Employment and Experience

- 2018-present Owner, Balance: Food and Nutrition
- 2018-present Contract Dietitian, Crandall Corporate Dietitians (part-time)
- 2017-2018 Research Associate, University of Vermont (part-time)
- 2017-2018 Project Manager, Cornell University (part-time)
- 2017-2017 Dietetics and Foodservice Intern, New York State Veteran's Home

2013-2014 Dietetics Volunteer, Beechtree Care Center, Ithaca, NY
 2010-2012 Research Assistant, Harvard School of Public Health, Boston, MA (full-time)
 2007-2010 Research Coordinator, Tufts Human Nutrition Research Center on Aging, Boston, MA (full-time)
 2010-2004 Nutrition Education Intern, ReVision House Urban Farm and Shelter, Boston, MA
 2004-2004 Nutrition and Marketing Intern, Columbia Dining Services, New York, NY

Teaching Experience

2012-2016 Teaching Assistant, Cornell University
 Nutrition, Health and Society (*1 semester*)
 Nutrition, Health and Society (online) (*2 semesters*)
 Social Science Perspectives on Food and Nutrition (*4 semesters*)
 Sports Nutrition and Supplements: Concepts and Evidence (*2 semesters*)
 Human Anatomy and Physiology Lecture (*1 semester*)
 Human Anatomy and Physiology Laboratory (*1 semester*)
 2014,2016 Guest Lecture, "The Food Choice Process Model"
 Tompkins-Cortland Community College, Essentials of Nutrition
 2014-2015 Cornell Graduate School Outreach Program
 "MyPlate Tasting Adventures," Dryden Elementary School

Additional Training

2017-2020 ServSafe Instructor and Proctor
 2014-2019 ServSafe Certified
 2016 Center for the Integration of Research, Teaching and Learning (Cornell University), *Inclusive Teaching Institute 2016 Participant*
 2016 Center for the Integration of Research, Teaching and Learning (University of Rochester), *Learning Community for Inclusive Teaching Participant*
 2015 Center for the Integration of Research, Teaching and Learning (Cornell University), *Building Mentoring Skills for an Academic Career Certificate*
 2012-2015 Center for Teaching Excellence GET SET Programs, Cornell University
 Assessing Learning and Teaching Certificate
 Innovative Approaches in Pedagogy Certificate
 Creating an Engaging Classroom Certificate

Professional Memberships

2016-present Southern Tier Dietetics Association
2018-2019 PIC co-chair (continuing education activities)
2017-2018 Fundraising co-chair
 2016-2017 Association for the Study of Food and Society

2015-2017 Society for Nutrition Education and Behavior
Higher Education Division Member
Healthy Aging Division Member

2014-present Academy of Nutrition and Dietetics
Integrative and Functional Nutrition Dietetics Practice Group

Professional Service

2017-present Journal reviewer for Nutrition Journal
2017-present Journal reviewer for British Food Journal
2017 Abstract reviewer for Society of Nutrition Education and Behavior
2015-present Journal reviewer for Food Quality and Preference
2015-present Journal reviewer for Food, Culture, and Society
2014-2015 Co-President, Nutrition Graduate Student Organization
2013-2014 Social Co-Chair, Nutrition Graduate Student Organization

Popular Publications

2011 Bostic, S. *One Bowl: Simple Healthy Meals for One*. Createspace, SC.

Community Service

2013-2016 Active Volunteer Dyad, Therapy Dogs International
2010-2011 Instructor, Operation Frontline/Cooking Matters
2010-2011 Member, Boston Council of Gardeners
2007-2011 Garden Coordinator, St. Rose St. Community Garden
2006-2007 Volunteer, Quincy School Garden Project